

PARENT & CHILD CLASSES



ART

Great Masters for Children **NEW**

Innovative class focused on learning 6 great artist and their techniques with a fun approach for young children. We will create beautiful masterpieces based on artists like Georgia O'Keeffe, Picasso, Van Gogh, Kandinsky, Monet and Thiebaud, while exploring these artists and their world. A \$15 material fee is due to the instructor on first class.

Instructor: Monica Caram

Olive Recreation Center

Ages	Day	Time	Start	Wks	Fee
3½-5 yrs	Tue	10:00-10:45am	3/28	8	\$95

Let Kids Create

Art allows your children to grow in their artistic talents as well as developing positive key skills, such as fine motor skills, following directions and mental focus. We, in the art world, encourage you and your children to come find and develop their inner artist through the wonderful world of art. A one-time \$10 material fee is due to instructor on the first day of class.

Instructor: Lynne Roznowski

Olive Recreation Center

Ages	Day	Time	Start	Wks	Fee
2-4 yrs	Wed	9:45-10:30am	3/29	10	\$63
2-4 yrs	Wed	10:45-11:30am	3/29	10	\$63

Recycling to Build Robots

Fun program focused on creating and designing with materials we discard every day at home. We will create robot art and animals while learning about recycling and our environment. A \$10 material fee is due to the instructor on first class.

Instructor: Monica Caram

Olive Recreation Center

Ages	Day	Time	Start	Wks	Fee
3½-5 yrs	Thu	10:00-10:45am	3/30	8	\$60

DANCE

Ballet and Tap - Toddler & Me, **Spring Fling**

Introduce your child to the world of dance and get your exercise at the same time. You'll stretch, turn, and learn easy, fun routines. Ballet shoes recommended. No tap shoes.

Instructor: Sandra Aiena Dixon

Olive Recreation Center

Ages	Day	Time	Start	Wks	Fee
2-4 yrs	Wed	11:00-11:25am	3/29	10	\$55
2-4 yrs	Sat	11:45am-12:10pm	4/1	8	\$55

Creative Movement for Toddler and Me

Join our fun-filled creative movement program. This class is specially designed for toddlers to learn rhythm, gross motor and basic tumbling skills with engaging music. With many exciting props and equipment used in every class, students will explore their creative imaginations in a nurturing environment.

Instructor: Petite Feet Dance and Fitness

Verdugo Recreation Center

Ages	Day	Time	Start	Wks	Fee
1½-2½yrs	Thu	5:00-5:30pm	3/30	9	\$98

Darling Dancer and Me, **Spring Fling**

Garri Dance Studio's creative movement based parent & me class provides the perfect opportunity to bond with your darling dancer. Children will discover their love of dance and music for the very first time. Parent will take an active role in class as their tiny dancer twists and twirls in a new, stimulating classroom setting.

Instructor & Location:

Garri Dance Studio

3715 W Magnolia Blvd., Burbank, CA 91505

Ages	Day	Time	Start	Wks	Fee
18 mo-2 yrs	Tue	10:00-10:30am	3/28	10	\$85

Jojo's Ultimate Dance Party

Children and adults are invited to a dance party with an industry professional. This is a great opportunity to introduce your child to dance and get a work out in at the same time. That's right, we move at a quick pace while stretching, exercising, playing games and executing choreography.

Instructor: Joanna Burke

Olive Recreation Center

Ages	Day	Time	Start	Wks	Fee
3-4 yrs	Thu	9:00-9:45am	3/30	7	\$84

PARENT & CHILD CLASSES

Mommy and Me Movement to Music

Movement to music class for both parent and child. Introduces children to follow directions, interact with others, and gets them moving to different types of music. Great workout for both child and parent.

Instructor: Heather Rivers

Olive Recreation Center

Ages	Day	Time	Start	Wks	Fee
1-3 yrs	Thu	9:30-10:00am	3/30	8	\$80

Movin' & Groovin' Mondays with Jojo **NEW**

Get Monday off to a great start by shaking off those guilty chocolate coated weekend pleasures! If you and a small child you care for enjoy rhythm and music, this class is a great way to spend quality time, keep your heart rate elevated with your core engaged while your Lil' Diva or Dude explores the creative outlet of dance.

Instructor: Joanna Burke

Olive Recreation Center

Ages	Day	Time	Start	Wks	Fee
2-5 yrs	Mon	10:00-10:45am	3/27	8	\$96

EARLY CHILDHOOD DEVELOPMENT

Spanish Immersion for Toddlers

Children in this class don't sit still for long! Accompanied by parents or caregivers, these young "students" start learning a new language through a variety of activities designed to engage their minds and bodies. Music and movement form the foundation for the classes. A \$10 material fee for the CD is optional and due to instructor on the first day of class.

Instructor: Lango Burbank

Ovrom Community Center

Ages	Day	Time	Start	Wks	Fee
1½-3 yrs	Sat	9:15-10:00am	4/1	10	\$165

Zumbini®

Designed for children and their caregivers. Together, adults and their young children wiggle, sing and learn for the ultimate bonding experience. Zumbini® classes offer dance "n" play movement, fun props and a chance to play musical instruments. A \$17 material fee is due to instructor on the first day of class

Instructor: Anna Mazzucato

Ovrom Community Center

Ages	Day	Time	Start	Wks	Fee
3 mos-4 yrs	Mon	10:15-11:00am	3/27	9	\$122
3 mos-4 yrs	Mon	11:30am-12:15pm	3/27	9	\$122
3 mos-4 yrs	Mon	4:00-4:45pm	3/27	9	\$122
3 mos-4 yrs	Mon	5:00-5:45pm	3/27	9	\$122
3 mos-4 yrs	Wed	10:15-11:00am	3/29	10	\$135
3 mos-4 yrs	Wed	11:30am-12:15pm	3/29	10	\$135
3 mos-4 yrs	Thu	9:00-9:45am	3/30	10	\$135
3 mos-4 yrs	Thu	11:30am-12:15pm	3/30	10	\$135
3 mos-4 yrs	Fri	11:30am-12:15pm	3/31	10	\$135

MARTIAL ARTS

Kinder Karate

This preparatory "parent & me" martial arts program focuses on building coordination, confidence, memory and self-control. Classes are designed to promote discipline and respect in a structured goal oriented environment. An age appropriate training curriculum includes fun Karate activities, challenging techniques and healthy exercise designed to build a strong foundation and essential life skills. A \$55 material fee is due to the instructor on the first day of class. One parent must participate with student in every class.

Instructor: Masters In Motion

McCambridge Recreation Center

Ages	Day	Time	Start	Wks	Fee
4-5 yrs	Tue	6:00-6:40pm	3/28	8	\$109
4-5 yrs	Thu	6:00-6:40pm	3/30	8	\$109

BURBANK PARKS & RECREATION

BECOME A CONTRACT INSTRUCTOR

CHILD DEVELOPMENT | ART | DANCE MUSIC
FITNESS | MARTIAL ARTS | SPECIAL INTEREST

Do you have a special skill or talent
you are willing to share with others?

Become a contracted instructor with Burbank Parks & Recreation. We are currently accepting class proposals from qualified individuals interested in teaching classes.

FOR MORE INFORMATION

Contact Alice Balan at:
☎ 818.238.5385 ■ abalan@burbcankca.gov

PARENT & CHILD CLASSES

SPORTS & FITNESS



My First Sports Class **NEW**

Together, you and your child will have fun learning the basics of a variety of sports, such as t-ball, soccer, and basketball, while developing large motor skills and coordination. There is an emphasis on learning how to take turns, follow direction, develop coordination and promote self-esteem.

Instructor: Ivan Cuevas, Little Big Athletes

McCambridge Recreation Center

Ages	Day	Time	Start	Wks	Fee
1½-3 yrs	Tue	10:00-11:00am	3/28	10	\$100
1½-3 yrs	Thu	10:00-11:00am	3/30	10	\$100

Parent and Me Soccer

Introduce your toddler to the world's most popular game! As you and your child participate in our fun age appropriate activities, your child will be developing their large motor skills and socialization skills. The fun happens on the field so don't just watch from the sidelines! All kids will receive a Kidz Love Soccer jersey!

Instructor & Location: Kidz Love Soccer

Miller Park

720 E Providencia Ave, Burbank, CA 91501

Ages	Day	Time	Start	Wks	Fee
2-3½ yrs	Fri	6:15-6:45pm	4/7	8	\$110
2-3½ yrs	Sat	5:15-5:45pm	4/8	8	\$110

*No class on 5/27

Parent and Me Tumbling

It is never too early to start tumbling! This energetic class is designed for two to four year olds. Mom and Dad can join in the fun while toddlers learn how to stretch, jump, forward roll, back bend, and much more. A \$25 material fee is due to the instructor on first class and includes a class t-shirt.

Instructor: Gina Espinosa

Olive Recreation Center

Ages	Day	Time	Start	Wks	Fee
2-4 yrs	Tue	11:15am-12:00pm	3/28	8	\$95
2-4 yrs	Thu	11:15am-12:00pm	3/30	8	\$95

Tiny Tumblers

This parent-tot style class is part structured teaching and part gym exploration; focusing on getting kids comfortable in a gymnastics environment, allowing them to learn basic body positions, skills, and gymnastic terminology. This helps young ones develop their gross and fine motor skills, coordination, and confidence for lifelong love of movement.

Instructor & Location:

Golden State Gymnastics

1828 N Keystone St, Burbank, CA 91504

Ages	Day	Time	Start	Wks	Fee
2-3 yrs	Tue	11:30am-12:00pm	3/28	10	\$116
2-3 yrs	Thu	12:00-12:30pm	3/30	10	\$116

Wee Explorers

Children are free to roam and explore the activities that await them. With budding curiosity, they learn through movement and exploration. Keeping a developing brain busy with puzzles, tents and tunnels, balloons, balance beams, and incline mats, creates new neuro-pathways that set up building blocks for life.

Instructor & Location:

Golden State Gymnastics

1828 N Keystone St, Burbank, CA 91504

Ages	Day	Time	Start	Wks	Fee
1-2 yrs	Tue	12:15-12:45pm	3/28	10	\$116
1-2 yrs	Wed	3:00-3:30pm	3/29	10	\$116

YOGA

Mommy/Daddy/Caregiver and Me Yoga **NEW**

Yoga is more than just a physical practice. It's a way of handling stress, learning resiliency, and increasing focus. Through breathing and engaging games, children will have fun while learning how to listen to their bodies, minds, and hearts. No experience necessary. Please bring a yoga mat and a blanket.

Instructor: Planet Namaste, Inc.

Verdugo Recreation Center

Ages	Day	Time	Start	Wks	Fee
3-6 yrs	Wed	3:30-4:15pm	3/27	8	\$80

